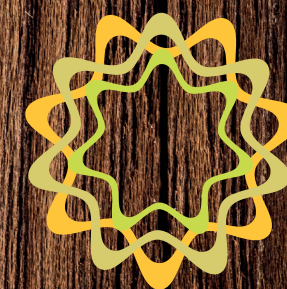




hoteldiogo.com.br



RESTAURANTE
MANDALA



Café Completo

Continental Breakfast

1780 kcal

R\$ 45,00

Suco de laranja, fatias de frutas, pães, queijo, presunto, manteiga, geléia natural, ovo frito ou mexido, café e leite.
A glass of orange juice, portions of fruit, loaves of bread, slices of cheese and ham, butter, natural jam, fried egg, coffee and milk.

Omeletes

Omelettes

Lampião

897 kcal

R\$ 45,00

Ovos, carne de sol desfiada (70g), cebola e queijo coalho: 624 kcal. Acompanha macaxeira frita (150g): 273 kcal.
Eggs, sun dried meat (70g), onions and melted cheese: 624 kcal. Accompanies fried cassava (150g): 273 kcal.

Express Filé

805 kcal

R\$ 57,00

Ovos, filé mignon (125g), cebola e azeitona: 622 kcal e queijo muçarela. Acompanha batata frita (150g): 183 kcal.
Eggs, beef tenderloin(125g), onion and olives: 622 kcal and mozzarella cheese. Accompanying fries (150g):183 kcal.

Frango

567 kcal

R\$ 42,00

Ovos, frango desfiado (70g), milho, alface, tomate e queijo muçarela.
Eggs, shredded chicken (70g), corn, lettuce, tomato and mozzarella cheese.

Vegetariano

483 kcal

R\$ 35,00

Ovos, cenoura, batata, brócolis, alface e tomate seco.
Eggs, carrots, potatoes, broccoli, lettuce and sun-dried tomatoes (394g).

Misto

663 kcal

R\$ 28,00

Ovos, presunto, queijo muçarela, tomate e cebola (513g): 480 kcal. Acompanha batata frita (150g): 183 kcal.
Eggs, ham, mozzarella cheese, tomato and onion: 480 kcal. Accompanying fries (150g): 183 kcal.

Petiscos

Appetizers

Camarão Alho e Óleo (300g)

Shrimp, garlic and oil (300g)

393 kcal

R\$ 77,00

Filé Trinchado

805 kcal

R\$ 68,00

Filé mignon (125g), cebola e azeitona: 622 kcal. Acompanha batata frita (150g): 183 kcal.
Filet Mignon (125g), onion and olives: 622 kcal. Accompanying fries (150g): 183 kcal.

Isca de Peixe

968 kcal

R\$ 48,00

Farinha de trigo, farinha de rosca, ovos, peixe e óleo (12 unds): 911 kcal. Acompanha molho Golf: 57 kcal.
Wheat flour, breadcrumbs, eggs, fish and oil (12 units): 911 kcal. Accompanying Golf sauce: 57 kcal.

Macaxeira Frita (18 Unds)

656 kcal

R\$ 35,00

Macaxeira frita (300gr): 483 kcal. Acompanha molho Golf: 57 kcal.
Fried cassava (300gr):483 kcal. AccompanyingGolf sauce: 57 kcal.

Batata Frita

423 kcal

R\$35,00

Batata inglesa e óleo (300g): 366 kcal. Acompanha molho Golf: 57 kcal.
French fries (300g): 366 kcal. Accompanying Golf sauce: 57 kcal.

Azeitona com Queijo Coalho

904 kcal

R\$ 28,00

Queijo coalho (220g): 850 kcal. Acompanha azeitonas (40g): 54 kcal.
Cheese curd (220g): 850 kcal. Accompanying olives (40g): 54 kcal.

Porções Extras

Purê de Batatas

R\$ 25,00

Extra Portionst

Mashed Potatoes 460g: 468 kcal

Legumes Cozidos

R\$ 25,00

Vegetables 360g: 184 kcal

Chá com Torradas

R\$ 25,00

Tea and toast 535g: 138 kcal

Arroz à Grega

R\$ 28,00

Greek rice 370g: 485 kcal

Arroz Branco

R\$ 22,00

White rice 370g: 548 kcal

Feijão

R\$ 28,00

Bean 592 kcal

Bules de Café e Leite, Torradas e Geléia

R\$ 32,00

A pot of coffee, a pot of milk, toast and jam 1065g: 515 kcal

Bule de Leite Quente

R\$ 22,00

Pot of Milk 500mL: 305 kcal

Bule de Café

R\$ 15,00

500mL: 48 kcal Pot of coffee

Pães (03 mini-francês)

R\$ 12,00

Bread (03 - Loaves of bread) 75g: 211 kcal

Ovos Fritos

R\$ 10,00

Fried eggs 55g: 142 kcal

Sobremesas

Desserts

Crepe de Chocolate com Sorvete e Calda

90g: 206 kcal

R\$ 37,00

Crepe, ice cream and chocolate syrup

Pudim Caramelado

200g: 400 kcal

R\$ 25,00

Caramel pudding

Banana Caramelada com Sorvete de Creme e Canela

200g: 447 kcal

R\$ 25,00

Caramel banana ice cream and cinnamon

Sorvete com Calda (Chocolate, morango e creme)

120g: 251 kcal

R\$ 22,00

Choice of ice cream with syrup

Frutas da Estação

270g: 117 kcal

R\$ 22,00

Choice of season fruits

Porções individualizadas. Os valores calóricos apresentados foram calculados para uma porção de acordo com a Ficha Técnica da Refeição considerando insumos e quantidades padrões do hotel para elaboração do mesmo. Consultas à Ficha Técnica, procure a Chefe de Cozinha.
Portions individualized. The caloric values presented were calculated for a portion according to Technical specification meal, considering inputs and quantity standards for preparing the same. Technical specification queries, search the Chef.

Carne

Meats

MANDALA   70g: 1063 kcal **R\$ 107,00**

Filé alto grelhado (250g), molho quatro queijos e arroz com brócolis.
High-grilled filet (250g), four cheese sauce and rice with broccoli.

MEDALHÕES   720g: 1310 kcal **R\$ 88,00**

Filé bovino (250g), purê, molho madeira, bacon, cogumelos e arroz branco.
Fillet mignon (250g), mashed potatoes, madeira sauce, bacon, mushrooms and white rice.

PARMEGIANA    950g: 1492 kcal **R\$ 88,00**

Filé bovino (250g) à milanesa gratinado, molho de tomate, arroz branco, purê ou espaguete.
Breaded fillet mignon (250g) with melted cheese on tomato sauce, rice, mashed potatoes or spaghetti.

CAVALO  640g: 1003 kcal **R\$ 88,00**

Filé bovino (250g), batatas fritas, ovos fritos e arroz branco.
Fillet mignon (250g), french fries, fried eggs and white rice.

Pratos Cearenses

Typical foods

PEIXADA CEARENSE   970g: 1258 kcal **R\$ 88,00**

Filé de peixe (250g), ovo, legumes cozidos, pirão e arroz.
Fish fillet (250g), egg, cooked vegetables, "pirão" and rice.

SERTÃO  920g: 2518 kcal **R\$ 97,00**

Carne de sol fatiada (180g), baião-de-dois, paçoca e macaxeira frita.
Sliced sun dried meat (180g), rice, beans, "paçoca" and fried cassava.

DELÍCIA DE PEIXE    520 g: 711 kcal **R\$ 85,00**

Filé de peixe (250g), banana frita, molho branco, queijo parmesão e arroz.
Fish fillet (250g), fried bananas, cream souce gratinated and rice.

MARIA BONITA   680g: 1576 kcal **R\$ 78,00**

Carne de sol desfiada (180g), cebola, manteiga da terra, molho de requeijão, gratinado com queijo coalho, arroz branco e macaxeira frita.
Sun shredded dried meat (180g), onion, butter , cheese sauce, gratin with cheese curd, rice and fried cassava.

ENCANTADA    810g: 1723 kcal **R\$ 78,00**

Panqueca de carne de sol desfiada (80g), molho branco, macaxeira crocante, queijo coalho e arroz branco.
Pancake of shredded sun-dried meat (80g), white sauce, crispy cassava, cheese curd and white rice.

Grelhados

Grilled

FILÉ BOVINO Fillet mignon 250g: 372 kcal **R\$ 82,00**

FILÉ DE PEIXE Fish fillet  250g: 397 kcal **R\$ 80,00**

PEITO DE FRANGO Chicken breast 250g: 313 kcal **R\$ 75,00**

Escolha 2 Guarnições - Guarnições: Arroz branco (166g: 245 kcal), purê de batata (462g: 468 kcal), legumes cozidos (366g: 174 kcal), batatas fritas (300g: 366 kcal) ou espaguete (240g: 292 kcal).

Choice 2 portions - Portions: White Rice (166g: 245 kcal), mashed potatoes (462g: 468 kcal), vegetables (366g: 174 kcal), french fries (300g: 366 kcal) or spaghetti (240g: 292 kcal).

Saladas

Salads

MARÍTIMA  500g: 272 kcal **R\$ 57,00**

Tomate, camarões (135g) refogados com azeite e alho, manga, alface, batata, cebola e manjerição.
Tomato, hrimps (135g) with olive oil, garlic, mango, lettuce, potato, onion and basil.

LIGHT   300g: 272 kcal **R\$ 44,00**

Tomate, alface americana, palmito, peito de peru, mostarda, castanha, vinagre, rúcula, azeite e salsinha.
Tomato, lettuce, palm heart, turkey breast, mustard, cashew nuts, vinegar, arugula, olive oil and parsley.

ATUM  300g: 186 kcal **R\$ 44,00**

Tomate, alface, palmito, pepino, cenoura e cebola.
Tomato, lettuce, palm heart, cucumber, carrot and onion.

TROPICAL    470g: 626 kcal **R\$ 44,00**

Melão, abacaxi, uva passa, creme de leite, acelga, alface e castanha.
Melon, pineapple, raisins, milk cream, acelga leaves, lettuce and cashew nuts.

DELÍCIA    400g: 272 kcal **R\$ 47,00**

Tomate, alface, ovo cozido, azeitona, pickles, cenoura ralada, presunto e queijo coalho.
Tomato, lettuce, egg, olives, pickles, carrots, ham and cheese curds.

Sopas

Soups

CANJA 420g: 173 kcal **R\$ 34,00**

Chicken broth with white rice and carrots.

CALDO DE PEIXE  400g: 707 kcal **R\$ 47,00**

Fish soup

LEGUMES 420g: 176 kcal **R\$ 34,00**

Vegetables soup

Massas

Pastas

Espaguetes ou Fettuccine (Spaghetti or Fettuccini) 313g: 380 kcal

EXECUTIVO    460g: 573 kcal **R\$ 87,00**

Massa, lâminas de filé (125g), molho madeira, alho, cebola e queijo parmesão.
Pasta with blades steak (125g), gravy, garlic, onion and parmesan cheese.

MARINHO    660g: 537 kcal **R\$ 78,00**

Massa, camarão (200g), azeite, molho de tomate, alho, manjerição e queijo parmesão.
Pasta, shrimp (200g), olive oil, tomato sauce, garlic, basil and parmesan cheese.

VOLANTE    830g: 1458 kcal **R\$ 68,00**

Massa, pedaços de frango (160g), bacon, molho branco, alho, crème de leite e queijo parmesão.
Pasta, chicken (160g), bacon, white sauce, garlic, onion, cream and parmesan cheese.

BOLONHESA  700g: 748 kcal **R\$ 68,00**

Massa, molho bolonhês (160g) e orégano. Pasta, Bolognese sauce (160g) and oregano.

CARBONARA     741g: 1128 kcal **R\$ 68,00**

Massa, molho carbonara (160g), gema, bacon, creme de leite, molho branco e queijo parmesão ralado.
Pasta, carbonara sauce (160g) egg yolk, bacon, cream, white sauce and parmesan cheese.

Lasanha

Lasagne

DIOGO 740g: 1008 kcal R\$ 68,00

Massa branca, carne moída (150g), molho de tomate, queijo muçarela e presunto.
White dough, ground beef (150g), tomato sauce, mozzarella cheese and ham.

FRANGO 660g: 1114 kcal R\$ 68,00

Massa branca, frango (150g), molho branco e queijo muçarela.
White dough, chicken (150g), white sauce and mozzarella cheese.

Sandwiches

Sandwiches

FILÉ 560g: 970 kcal R\$ 48,00

Pão árabe, filé bovino (125g), ovo, queijo, alface e tomate. Acompanha batata frita (150g).
Bread, fillet (125g), eggs, cheese, lettuce and tomato. Accompanying fries (150g).

SERTANEJO 590g: 1.424 kcal R\$ 57,00

Pão árabe, carne de sol desfiada (80g), queijo coalho, requeijão, cebola, alface e tomate.
Acompanha batata frita (150g). Bread, sun shredded meat (80g), cheese curds, cream cheese, onion, lettuce and tomato. Accompanying fries(150g).

FRANGO 630g: 837 kcal R\$ 40,00

Pão árabe, peito de frango (125g), queijo, presunto, milho, alface e tomate. Acompanha batata frita (150g).
Bread, chicken breast (125g), cheese, ham, corn, lettuce and tomato. Accompanying fries (150g).

CHEESEBACON 510g: 1.342 kcal R\$ 38,00

Pão bola, hamburger (90g), queijo, bacon, alface e tomate. Acompanha batata frita (150g).
Bread, hamburger (90g), cheese curds, bacon, lettuce and tomato. Accompanying fries (150g).

CHEESEBURGUER 500g: 1.005 kcal R\$ 36,00

Pão bola, hamburger (90g), queijo coalho, alface e tomate. Acompanha batata frita (150g).
Bread, hamburger (90g), cheese curds, lettuce and tomato. Accompanying fries (150g).

NATURAL 300g: 430 kcal R\$ 40,00

Pão integral, cenoura ralada, passas, queijo frescal, tomate seco, alface e tomate.
Brown bread, carrots, raisins, 'frescal' cheese, dried tomatoes, lettuce and tomato.

AMERICANO 440g: 621 kcal R\$ 36,00

Pão de forma, presunto, queijo, ovo, alface e tomate. Acompanha batata frita (150g).
Bread, ham, cheese, egg, lettuce and tomato. Accompanying fries (150g).

Os sanduiches acompanham sachês de maionese, ketchup e mostarda.
The sandwiches come with sachets of mayonnaise, ketchup and mustard.

Tapiocas

CARNE DE SOL 335g: 916kcal R\$ 45,00

Tapioca(100g), carne do sol desfiada (80g), queijo coalho(55g), requeijão(40g), cebola (45g) e manteiga da terra (15g). Manioc typical food (100g), sun shredded meat (80g), cheese curds (55g), cream cheese(40g), onion and butter (15g).

FRANGO 340g: 830kcal R\$ 42,00

Tapioca (100g), frango desfiado (80g), queijo (80g), requeijão (20g), cebola (45g) e milho(15g).
Manioc typical food (100g), shredded chicken breast (80g), cheese (80g), cream cheese (45g), onion(45g) and corn(15g).

MISTA 305g: 873kcal R\$ 40,00

Tapioca (100g), queijo (80g), presunto (80g) e tomates (15g).
Manioc typical food (100g), cheese (80g), ham (80g) and tomatoes (15g).

Aves

Chickens

DIOGO 500g: 859 kcal R\$ 65,00

Peito de frango grelhado (250g), molho de cogumelos e arroz à grega.
Grilled chicken breast (250g) on mushrooms sauce and Greek rice.

CUBANA 610g: 1049 kcal R\$ 87,00

Peito de frango (250g) e bananas empanadas, arroz à grega e abacaxi.
Breaded chicken breast (250g) and banana, Greek rice and pineapple.

STROGONOFF 530g: 914 kcal R\$ 62,00

Frango desfiado (250g), arroz e batata palha.
Strogonoff chicken (250g), rice and potato chips.

FRANGO GRELHADO COM ERVAS 450g: 603 kcal R\$ 65,00

Peito de frango grelhado (250g) ao molho de ervas, arroz com passas e brócolis.
Grilled chicken breast (250g) in herb sauce, rice with raisins and broccoli.

Peixes

Fishes

MOLHO DE CAMARÃO 700g: 1369 kcal R\$ 97,00

Filé de peixe (250g), molho de camarão (leite de coco, tomate, cebola, pimentão, alho, azeite) e arroz branco.
Fish fillet (250g), shrimp sauce (coconut milk, tomato, onion, bell pepper, garlic, olive oil) and white rice.

PEIXE COM CROSTA DE LIMÃO 640g: 878 kcal R\$ 82,00

Peixe (250g) na crosta de limão, arroz de brócolis com salada de rúcula e palmito.
Fish (250g) in the crust of lemon, rice with broccoli and cabbage salad Arugula.

PEIXE BELLE MEUNIÈRE 610g: 837 kcal R\$ 88,00

Peixe grelhado (250g) com camarão, alcaparras, cogumelo e arroz branco.
Grilled fish fillet (250g) with shrimp, capers, mushrooms and white rice

ALCAPARRAS 500g: 1204 kcal R\$ 82,00

Filé de peixe (250g), azeite, alcaparras, arroz e batata sauté.
Fish fillet (250g), olive oil, caper, rice and sauteed potatoes.

Camarões

Shrimps

DRAGÃO DO MAR 685g: 700 kcal R\$ 97,00

Camarões (300g) ao leite de coco, cebola, tomate, alho, batatas salteadas e arroz.
Shrimp (300g) with coconut milk, onions, tomatoes, garlic, flour, sauteed potatoes and rice.

GRATIN 450g: 469 kcal R\$ 88,00

Camarão (300g) gratinado ao molho de requeijão e arroz à grega.
Shrimp (300g) in a sauce of grated cheese and Greek rice.

ESTRELA DO MAR 310g: 639 kcal R\$ 82,00

Camarões empanados (300g), arroz à grega e molho agridoce.
Breaded shrimp (300g), Greek rice and sweet and sour sauce.

RISOTO DE CAMARÃO 710g: 971 kcal R\$ 78,00

Arroz arbóreo, camarão (300g), azeite, cebola, alho, tomate, pimentão, leite de coco, creme de leite e queijo parmesão.
Arboreal rice Shrimp (300g), olive oil, onion, garlic, tomatoes, peppers, coconut milk, cream and parmesan cheese.