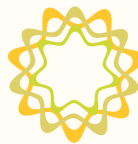




RESTAURANTE
MANDALA



RESTAURANTE MANDALA



CAFÉ COMPLETO Continental Breakfast

     1780 kcal R\$ 45,00

Suco de laranja, fatias de frutas, pães, queijo, presunto, manteiga, geléia natural, ovo frito ou mexido, café e leite.
A glass of orange juice, portions of fruit, loaves of bread, slices of cheese and ham, butter, natural jam, fried egg, coffee and milk.



Omelettes

LAMPIÃO

  897 kcal R\$ 45,00

Ovos, carne de sol desfiada (70g), cebola e queijo coalho: 624 kcal. Acompanha macaxeira frita (150g): 273 kcal.
Eggs, sun dried meat (70g), onions and melted cheese: 624 kcal. Accompanies fried cassava (150g): 273 kcal.

EXPRESS FILÉ

 805 kcal R\$ 57,00

Ovos, filé mignon (125g), cebola e azeitona: 622 kcal e queijo muçarela. Acompanha batata frita (150g): 183 kcal.
Eggs, beef tenderloin(125g), onion and olives: 622 kcal and mozzarella cheese. Accompanying fries (150g): 183 kcal.

FRANGO

  567 kcal R\$ 42,00

Ovos, frango desfiado (70g), milho, alface, tomate e queijo muçarela.
Eggs, shredded chicken (70g), corn, lettuce, tomato and mozzarella cheese.

VEGETARIANO

 483 kcal R\$ 35,00

Ovos, cenoura, batata, brócolis, alface e tomate seco.
Eggs, carrots, potatoes, broccoli, lettuce and sun-dried tomatoes (394g).

MISTO

   663 kcal R\$ 28,00

Ovos, presunto, queijo muçarela, tomate e cebola (513g): 480 kcal. Acompanha batata frita (150g): 183 kcal.
Eggs, ham, mozzarella cheese, tomato and onion: 480 kcal. Accompanying fries (150g): 183 kcal.



Appetizers

CAMARÃO ALHO E ÓLEO (300g) Shrimp, garlic and oil (300g)

  393 kcal R\$ 77,00

FILÉ TRINCHADO

 805 kcal R\$ 68,00

Filé mignon (125g), cebola e azeitona: 622 kcal. Acompanha batata frita (150g): 183 kcal.
Filet Mignon (125g), onion and olives: 622 kcal. Accompanying fries (150g): 183 kcal.

ISCA DE PEIXE

   968 kcal R\$ 48,00

Farinha de trigo, farinha de rosca, ovos, peixe e óleo (12 unds): 911 kcal. Acompanha molho Golf: 57 kcal.
Wheat flour, breadcrumbs, eggs, fish and oil (12 units): 911 kcal. Accompanying Golf sauce: 57 kcal.

MACAXEIRA FRITA (18 UNDS)

 656 kcal R\$ 35,00

Macaxeira frita (300gr): 483 kcal. Acompanha molho Golf: 57 kcal.
Fried cassava (300gr): 483 kcal. Accompanying Golf sauce: 57 kcal.

BATATA FRITA

 423 kcal R\$ 35,00

Batata inglesa e óleo (300g): 366 kcal. Acompanha molho Golf: 57 kcal.
French fries (300g): 366 kcal. Accompanying Golf sauce: 57 kcal.

AZEITONA COM QUEIJO COALHO

 904 kcal R\$ 28,00

Queijo coalho (220g): 850 kcal. Acompanha azeitonas (40g): 54 kcal.
Cheese curd (220g): 850 kcal. Accompanying olives (40g): 54 kcal.

Carne

Meats

MANDALA

  70g: 1063 kcal R\$ 107,00

Filé alto grelhado (250g), molho quatro queijos e arroz com brócolis.

High-grilled filet (250g), four cheese sauce and rice with broccoli.

MEDALHÕES

  720g: 1310 kcal R\$ 88,00

Filé bovino (250g), purê, molho madeira, bacon, cogumelos e arroz branco.

Fillet mignon (250g), mashed potatoes, madeira sauce, bacon, mushrooms and white rice.

PARMEGIANA

  950g: 1492 kcal R\$ 88,00

Filé bovino (250g) à milanesa gratinado, molho de tomate, arroz branco, purê ou espaguete.

Breaded fillet mignon (250g) with melted cheese on tomato sauce, rice, mashed potatoes or spaghetti.

CAVALO

 640g: 1003 kcal R\$ 88,00

Filé bovino (250g), batatas fritas, ovos fritos e arroz branco.

Fillet mignon (250g), french fries, fried eggs and white rice.

Pratos Cearenses

Typical foods

PEIXADA CEARENSE

  970g: 1258 kcal R\$ 88,00

Filé de peixe (250g), ovo, legumes cozidos, pirão e arroz.

Fish fillet (250g), egg, cooked vegetables, "pirão" and rice.

SERTÃO

 920g: 2518 kcal R\$ 97,00

Came de sol fatiada (180g), baião-de-dois, paçoca e macaxeira frita.

Sliced sun dried meat (180g), rice, beans, "paçoca" and fried cassava.

DELÍCIA DE PEIXE

  520 g: 711 kcal R\$ 85,00

Filé de peixe (250g), banana frita, molho branco, queijo parmesão e arroz.

Fish fillet (250g), fried bananas, cream sauce gratinated and rice.

MARIA BONITA

  680g: 1576 kcal R\$ 78,00

Came de sol desfiada (180g), cebola, manteiga da terra, molho de requeijão, gratinado com queijo coalho, arroz branco e macaxeira frita.

Sun shredded dried meat (180g), onion, butter, cheese sauce, gratin with cheese curd, rice and fried cassava.

ENCANTADA

  810g: 1723 kcal R\$ 78,00

Panqueca de carne de sol desfiada (80g), molho branco, macaxeira crocante, queijo coalho e arroz branco.

Pancake of shredded sun-dried meat (80g), white sauce, crispy cassava, cheese curd and white rice.

Grelhados

Grilled

FILÉ BOVINO

Fillet mignon

250g: 372 kcal R\$ 82,00

FILÉ DE PEIXE

Fish fillet

 250g: 397 kcal R\$ 80,00

PEITO DE FRANGO

Chicken breast

250g: 313 kcal R\$ 75,00

Escolha 2 Guarnições - Guarnições: Arroz branco (166g: 245 kcal), purê de batata (462g: 468 kcal), legumes cozidos (366g: 174 kcal), batatas fritas (300g: 366 kcal) ou espaguete (240g: 292 kcal).

Choice 2 portions - Portions: White Rice (166g: 245 kcal), mashed potatoes (462g: 468 kcal), vegetables (366g: 174 kcal), french fries (300g: 366 kcal) or spaghetti (240g: 292 kcal).

Lasanha

Lasagne

DIOGO

   740g: 1008 kcal R\$ 68,00

Massa branca, carne moída (150g), molho de tomate, queijo muçarela e presunto.

White dough, ground beef (150g), tomato sauce, mozzarella cheese and ham.

FRANGO

   660g: 1114 kcal R\$ 68,00

Massa branca, frango (150g), molho branco e queijo muçarela.

White dough, chicken (150g), white sauce and mozzarella cheese.

Sandwiches

Sandwiches

FILE

   560g: 970 kcal R\$ 48,00

Pão árabe, filé bovino (125g), ovo, queijo, alface e tomate. Acompanha batata frita (150g).

Bread, fillet (125g), eggs, cheese, lettuce and tomato. Accompanying fries (150g).

SERTANEJO

   590g: 1.424 kcal R\$ 57,00

Pão árabe, carne de sol desfiada (80g), queijo coalho, requeijão, cebola, alface e tomate.

Acompanha batata frita (150g). Bread, sun shredded meat (80g), cheese curds, cream cheese, onion, lettuce and tomato. Accompanying fries(150g).

FRANGO

   630g: 837 kcal R\$ 40,00

Pão árabe, peito de frango (125g), queijo, presunto, milho, alface e tomate. Acompanha batata frita (150g).

Bread, chicken breast (125g), cheese, ham, corn, lettuce and tomato. Accompanying fries (150g).

CHEESEBACON

  510g: 1.342 kcal R\$ 38,00

Pão bola, hamburguer (90g), queijo, bacon, alface e tomate. Acompanha batata frita (150g).

Bread, hamburguer (90g), cheese curds, bacon, lettuce and tomato. Accompanying fries (150g).

CHEESEBURGUER

  500g: 1.005 kcal R\$ 36,00

Pão bola, hamburguer (90g), queijo coalho, alface e tomate. Acompanha batata frita (150g).

Bread, hamburguer (90g), cheese curds, lettuce and tomato. Accompanying fries (150g).

NATURAL

  300g: 430 kcal R\$ 40,00

Pão integral, cenoura ralada, passas, queijo frescal, tomate seco, alface e tomate.

Brown bread, carrots, raisins, 'frescal' cheese, dried tomatoes, lettuce and tomato.

AMERICANO

   440g: 621 kcal R\$ 36,00

Pão de forma, presunto, queijo, ovo, alface e tomate. Acompanha batata frita (150g).

Bread, ham, cheese, egg, lettuce and tomato. Accompanying fries (150g).

Os sanduiches acompanham sachês de maionese, ketchup e mostarda.

The sandwiches come with sachets of mayonnaise, ketchup and mustard.

Tapiocas

CARNE DE SOL

  335g: 916kcal R\$ 45,00

Tapioca(100g), carne do sol desfiada (80g), queijo coalho(55g), requeijão(40g), cebola (45g) e manteiga da terra (15g). Manioc typical food (100g), sun shredded meat (80g), cheese curds (55g), cream cheese(40g), onion and butter (15g).

FRANGO

  340g: 830kcal R\$ 42,00

Tapioca (100g), frango desfiado (80g), queijo (80g), requeijão (20g), cebola (45g) e milho(15g).

Manioc typical food (100g), shredded chicken breast (80g), cheese (80g), cream cheese (45g), onion(45g) and corn(15g).

MISTA

  305g: 873kcal R\$ 40,00

Tapioca (100g), queijo (80g), presunto (80g) e tomates (15g).

Manioc typical food (100g), cheese (80g), ham (80g) and tomatoes (15g).

Aves Chickens

DIOGO

    500g: 859 kcal R\$ 65,00

Peito de frango grelhado (250g), molho de cogumelos e arroz à grega.
Grilled chicken breast (250g) on mushrooms sauce and Greek rice.

CUBANA

  610g: 1049 kcal R\$ 87,00

Peito de frango (250g) e bananas empanadas, arroz à grega e abacaxi.
Breaded chicken breast (250g) and banana, Greek rice and pineapple.

STROGONOFF

  530g: 914 kcal R\$ 62,00

Frango desfiado (250g), arroz e batata palha.
Stroganoff chicken (250g), rice and potato chips.

FRANGO GRELHADO COM ERVAS

450g: 603 kcal R\$ 65,00

Peito de frango grelhado (250g) ao molho de ervas, arroz com passas e brócolis.
Grilled chicken breast (250g) in herb sauce, rice with raisins and broccoli.

Peixes Fishes

MOLHO DE CAMARÃO

  700g: 1369 kcal R\$ 97,00

File de peixe (250g), molho de camarão (leite de coco, tomate, cebola, pimentão, alho, azeite) e arroz branco.
Fish fillet (250g), shrimp sauce (coconut milk, tomato, onion, bell pepper, garlic, olive oil) and white rice.

PEIXE COM CROSTA DE LIMÃO

 640g: 878 kcal R\$ 82,00

Peixe (250g) na crosta de limão, arroz de brócolis com salada de rúcula e palmito.
Fish (250g) in the crust of lemon, rice with broccoli and cabbage salad Arugula.

PEIXE BELLE MEUNIÈRE

  610g: 837 kcal R\$ 88,00

Peixe grelhado (250g) com camarão, alcaparras, cogumelo e arroz branco.
Grilled fish fillet (250g) with shrimp, capers, mushrooms and white rice

ALCAPARRAS

 500g: 1204 kcal R\$ 82,00

File de peixe (250g), azeite, alcaparras, arroz e batata sauté.
Fish fillet (250g), olive oil, caper, rice and sauteed potatoes.

Camarões Shrimps

DRAGÃO DO MAR

 685g: 700 kcal R\$ 97,00

Camarões (300g) ao leite de coco, cebola, tomate, alho, batatas salteadas e arroz.
Shrimp (300g) with coconut milk, onions, tomatoes, garlic, flour, sauteed potatoes and rice.

GRATIN

    450g: 469 kcal R\$ 88,00

Camarão (300g) gratinado ao molho de requeijão e arroz à grega.
Shrimp (300g) in a sauce of grated cheese and Greek rice.

ESTRELA DO MAR

   310g: 639 kcal R\$ 82,00

Camarões empanados (300g), arroz à grega e molho agri-doce.
Breaded shrimp (300g), Greek rice and sweet and sour sauce.

RISOTO DE CAMARÃO

   710g: 971 kcal R\$ 78,00

Arroz arbóreo, camarão (300g), azeite, cebola, alho, tomate, pimentão, leite de coco, creme de leite e queijo parmesão.
Arboreal rice Shrimp (300g), olive oil, onion, garlic, tomatoes, peppers, coconut milk, cream and parmesan cheese.

Saladas

Salads

MARÍTIMA

🍷 500g: 272 kcal R\$ 57,00

Tomate, camarões (135g) refogados com azeite e alho, manga, alface, batata, cebola e manjeriço.

Tomato, hrimps (135g) with olive oil, garlic, mango, lettuce, potato, onion and basil.

LIGHT

🍷🍷 300g: 272 kcal R\$ 44,00

Tomate, alface americana, palmito, peito de peru, mostarda, castanha, vinagre, rúcula, azeite e salsinha.

Tomato, lettuce, palm heart, turkey breast, mustard, cashew nuts, vinegar, arugula, olive oil and parsley.

ATUM

🍷 300g: 186 kcal R\$ 44,00

Tomate, alface, palmito, pepino, cenoura e cebola.

Tomato, lettuce, palm heart, cucumber, carrot and onion.

TROPICAL

🍷🍷🍷 470g: 626 kcal R\$ 44,00

Melão, abacaxi, uva passa, creme de leite, acelga, alface e castanha.

Melon, pineapple, raisins, milk cream, acelga leaves, lettuce and cashew nuts.

DELÍCIA

🍷🍷🍷 400g: 272 kcal R\$ 47,00

Tomate, alface, ovo cozido, azeitona, pickles, cenoura ralada, presunto e queijo coalho.

Tomato, lettuce, egg, olives, pickles, carrots, ham and cheese curds.

Sopas

Soups

CANJA

420g: 173 kcal R\$ 34,00

Chicken broth with white rice and carrots.

CALDO DE PEIXE

🍷 400g: 707 kcal R\$ 47,00

Fish soup

LEGUMES

420g: 176 kcal R\$ 34,00

Vegetables soup

Massas

Pastas

Espaguete ou Fettuccine (Spaghetti or Fettuccini) 313g: 380 kcal

EXECUTIVO

🍷🍷🍷 460g: 573 kcal R\$ 87,00

Massa, lâminas de filé (125g), molho madeira, alho, cebola e queijo parmesão.

Pasta with blades steak (125g), gravy, garlic, onion and parmesan cheese.

MARINHO

🍷🍷🍷 660g: 537 kcal R\$ 78,00

Massa, camarão (200g), azeite, molho de tomate, alho, manjeriço e queijo parmesão.

Pasta, shrimp (200g), olive oil, tomato sauce, garlic, basil and parmesan cheese.

VOLANTE

🍷🍷🍷 830g: 1458 kcal R\$ 68,00

Massa, pedaços de frango (160g), bacon, molho branco, alho, crème de leite e queijo parmesão.

Pasta, chicken (160g), bacon, white sauce, garlic, onion, cream and parmesan cheese.

BOLONHESA

🍷 700g: 748 kcal R\$ 68,00

Massa, molho bolonhês (160g) e orégano. Pasta, Bolognese sauce (160g) and oregano.

CARBONARA

🍷🍷🍷 741g: 1128 kcal R\$ 68,00

Massa, molho carbonara (160g), gema, bacon, creme de leite, molho branco e queijo parmesão ralado.

Pasta, carbonara sauce (160g) egg yolk, bacon, cream, white sauce and parmesan cheese.

Porções Extras

Extra Portionst

PURÊ DE BATATAS   R\$ 25,00

Mashed Potatoes 460g: 468 kcal

LEGUMES COZIDOS R\$ 25,00

Vegetables 360g: 184 kcal

CHÁ COM TORRADAS  R\$ 25,00

Tea and toast 535g: 138 kcal

ARROZ À GREGA  R\$ 28,00

Greek rice 370g: 485 kcal

ARROZ BRANCO R\$ 22,00

White rice 370g: 548 kcal

FEIJÃO R\$ 28,00

Bean 592 kcal

BULES DE CAFÉ E LEITE, TORRADAS E GELÉIA    R\$ 32,00

A pot of coffee, a pot of milk, toast and jam 1065g: 515 kcal

BULE DE LEITE QUENTE   R\$ 22,00

Pot of Milk 500mL: 305 kcal

BULE DE CAFÉ R\$ 15,00

500mL: 48 kcal Pot of coffee

PÃES (03 mini-francês)  R\$ 12,00

Bread (03 - Loaves of bread) 75g: 211 kcal

OVOS FRITOS  R\$ 10,00

Fried eggs 55g: 142 kcal

Sobremesas

Desserts

CREPE DE CHOCOLATE COM SORVETE E CALDA    90g: 206 kcal R\$ 37,00

Crepe, ice cream and chocolate syrup

PUDIM CARAMELADO    200g: 400 kcal R\$ 25,00

Caramel pudding

BANANA CARAMELADA COM SORVETE DE CREME E CANELA   200g: 447 kcal R\$ 25,00

Caramel banana ice cream and cinnamon

SORVETE COM CALDA (Chocolate, morango e creme)   120g: 251 kcal R\$ 22,00

Choice of ice cream with syrup

FRUTAS DA ESTAÇÃO 270g: 117 kcal R\$ 22,00

Choice of season fruits

Porções individualizadas. Os valores calóricos apresentados foram calculados para uma porção de acordo com a Ficha Técnica da Refeição considerando insumos e quantidades padrões do hotel para elaboração do mesmo. Consultas à Ficha Técnica, procure a Chefe de Cozinha. Portions individualized. The caloric values presented were calculated for a portion according to Technical specification meal, considering inputs and quantity standards for preparing the same. Technical specification queries, search the Chef.

DECON 0800 275 8001
Cobramos taxa de serviço de 10%
The service will be charged at 10%



Beverages

CAFÉ EXPRESSO Express coffee	R\$ 10
ÁGUA MINERAL Stilling or Sparkling Mineral Water	R\$ 5
ÁGUA TÔNICA Tonic Water	R\$ 8
ENERGÉTICO Energy Drink	R\$ 25
ÁGUA DE CÔCO Coconut Water	R\$ 8
SUCOS NATURAIS Natural juices	300ml R\$ 12 500ml R\$ 18
VITAMINAS Frutas e leite	300ml R\$ 15 500ml R\$ 28
REFRIGERANTES Soft Drinks	R\$ 8

AGUARDENTE Sugar cane brandy

Ypióca 160 anos	R\$ 18
Ypióca 150 anos	R\$ 12
Ypióca Ouro	R\$ 10
Ypióca Prata	R\$ 8

CERVEJAS Beer

Lata Can (Bohemia / Skol)	R\$ 9
Long Neck (Budweiser / Stella Artois)	R\$ 13
Long Neck (Heineken)	R\$ 15

APERITIVOS Appetizers

Caipiroska	R\$ 20
Caipirinha	R\$ 18
Vodka Nacional	R\$ 18
Gin / Ron / Campari / Martini	R\$ 15

WHISKY

Whisky Old Par	R\$ 25
Black Label / Logan	R\$ 24
Black & White	R\$ 16
Red Label	R\$ 16

LICOR Liqueur

Frangelico	R\$ 18
Cointreau / Amaretto	R\$ 18

CONHAQUE Cognac

Macieira / Domecq	R\$ 20
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COQUETEL Cocktail

Diogo	R\$ 25
Alexander	R\$ 25
Blood Mary	R\$ 25

Carta de Vinhos

Wine Menu

BRASIL

MIOLO RESERVA	R\$ 108
MIOLO SELEÇÃO TINTO	R\$ 98
MARCUS JAMES BRANCO	R\$ 78
MARCUS JAMES TINTO	R\$ 78
ESPUMANTE CHANDON BRUT RESERVE	R\$ 188
ESPUMANTE MIOLO TERRANOVA DEMI SEC	R\$ 98

ARGENTINA

LATITUD 33° MALBEC	R\$ 148
TRAPICHE CHARDONNAY	R\$ 138

CHILE

TARAPACÁ COSECHA CHARDONNAY	R\$ 158
TARAPACÁ COSECHA CARMÉNÈRE	R\$ 158
TARAPACÁ COSECHA MERLOT	R\$ 148
CASILLERO DEL DIABLO CABERNET	R\$ 128

PORTUGAL

PERIQUITA BRANCO	R\$ 158
PERIQUITA TINTO	R\$ 138
MOURA BASTOS	R\$ 98

SUGESTÃO DA CASA

TAÇA	R\$ 30
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